

# Inviting Involvement: What People are Saying about Peers and Recovery

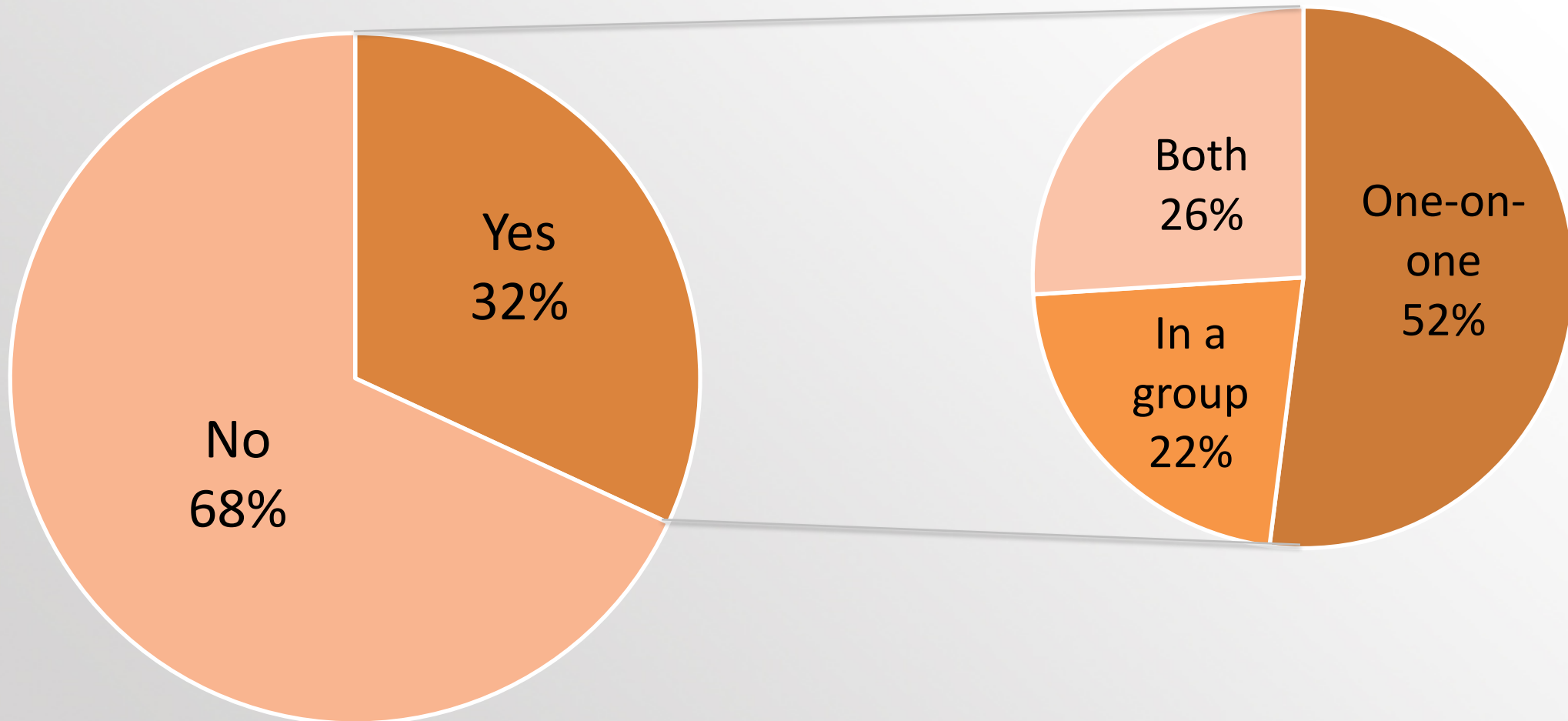
Results of Peer Specialist Integration Project Surveys

October 16, 2014

Wendy Kuhn

Texas Institute for Excellence in Mental Health

## Are clients working with Peer Specialists?



## What clients are saying about Peers and recovery





*I am so fortunate to have MHMR helping me to recover and not be ashamed around my diagnosis.*

- PSI Client



*My Peer Specialist is very caring and capable. When she says she will help me, she does. When she says she's gonna do something, she does. I really appreciate her as she is continually assisting me to be the better me. Give her a raise in pay.*

- PSI Client



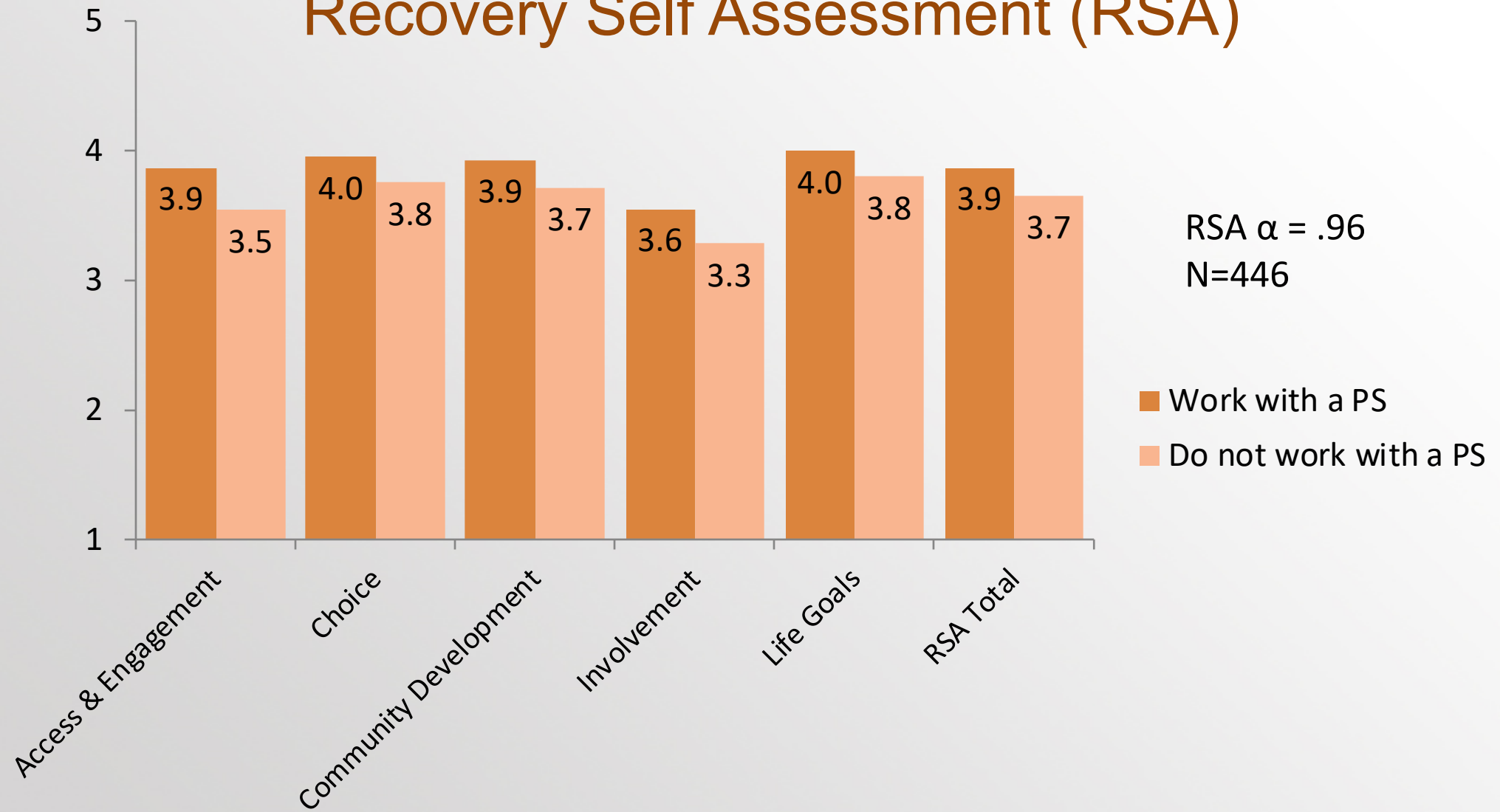


*I like what my clinician, my counselor, and my Peer Support Specialist have done.*

- PSI Client

# What are clients saying about recovery orientation?

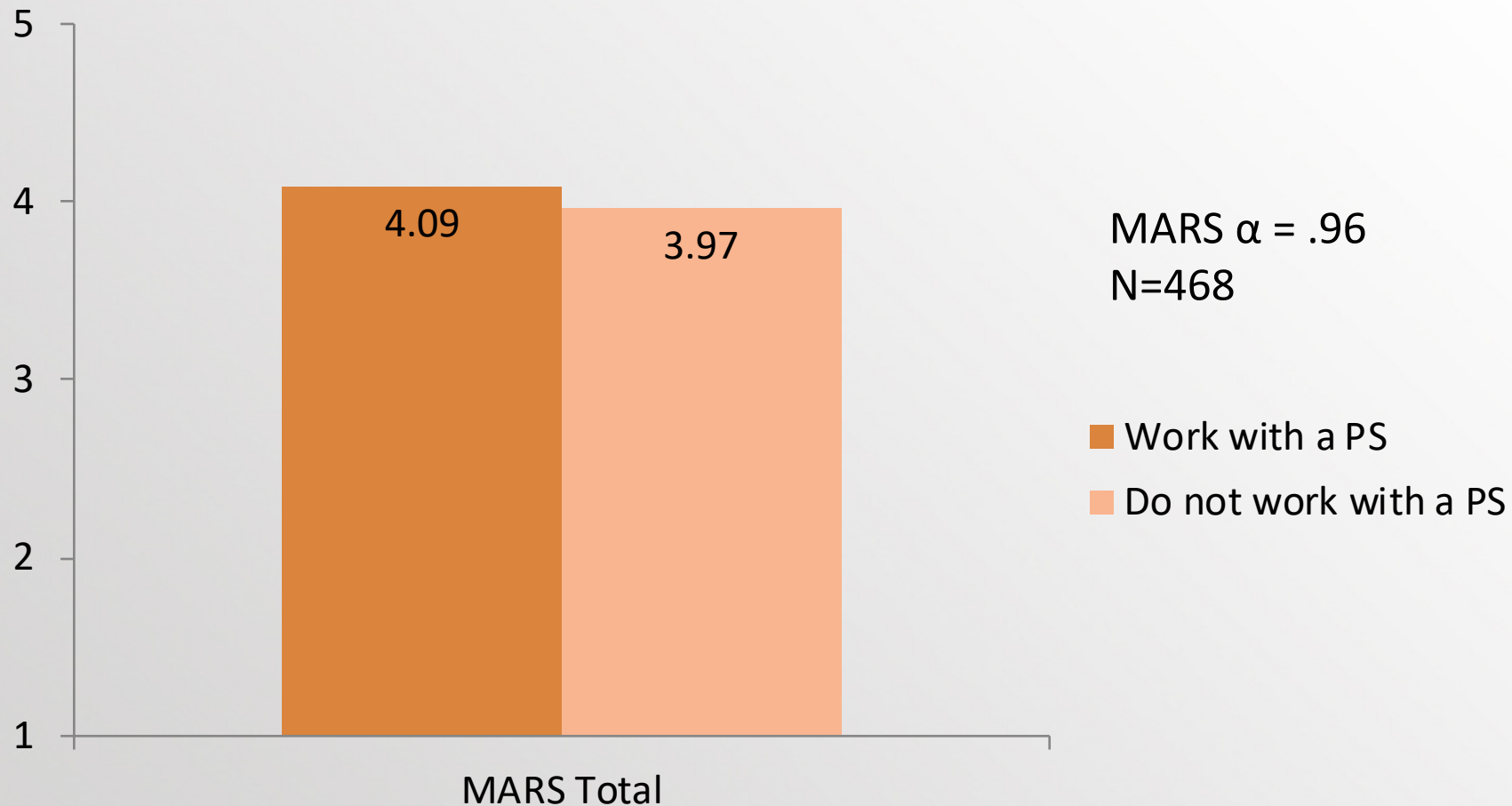
## Recovery Self Assessment (RSA)



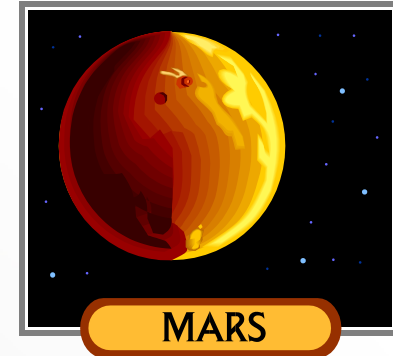




# What are clients saying about their individual recovery? Maryland Assessment of Recovery Scale (MARS)

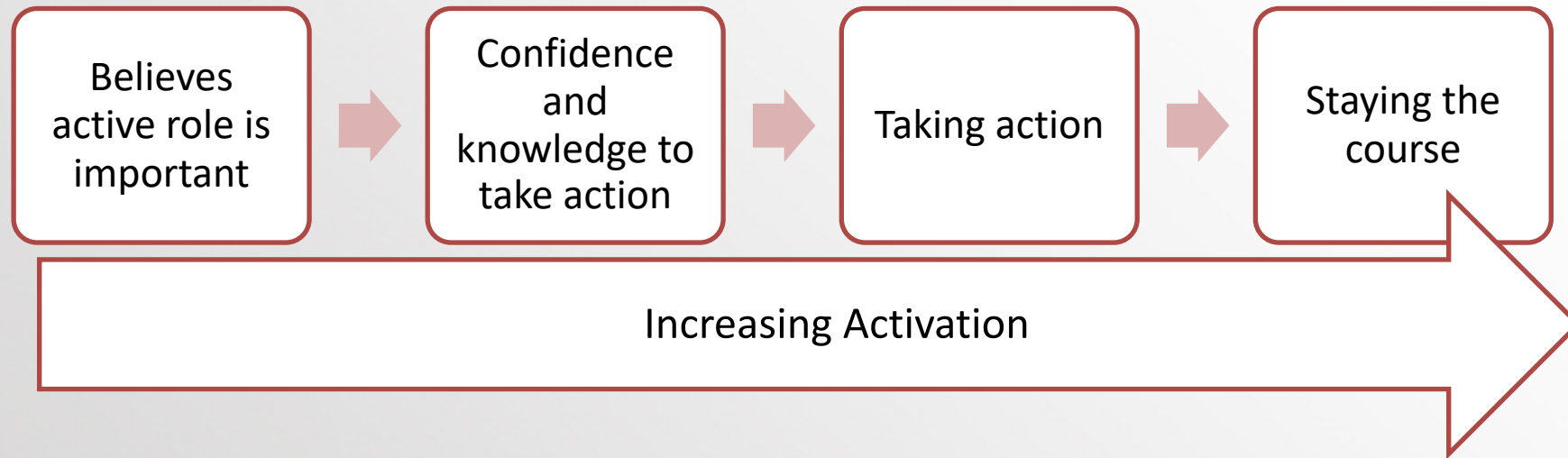


## A few items from MARS



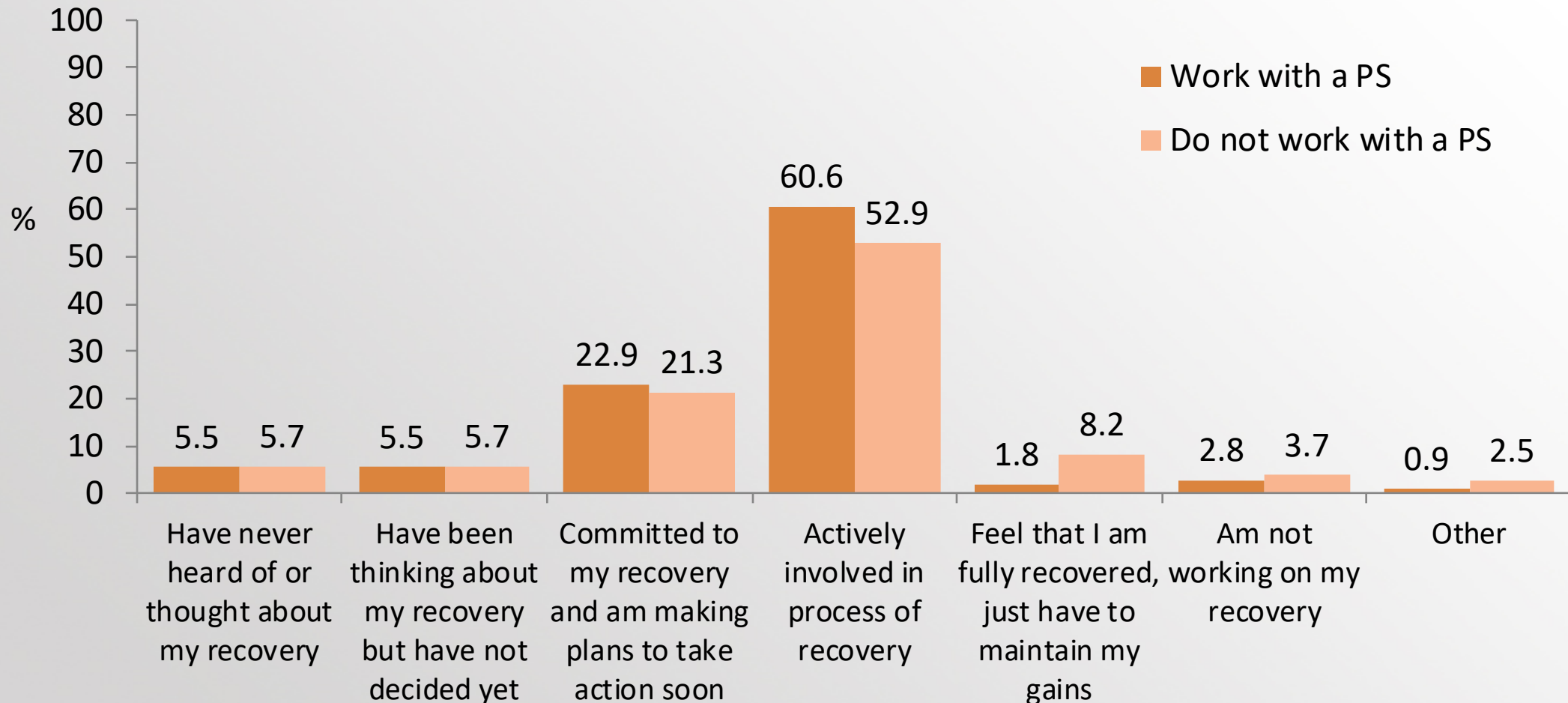
	Currently working with a Peer Specialist	NOT currently working with a Peer Specialist
I am responsible for taking care of my physical health	4.44	4.33
It is up to me to set my own goals	4.35	4.23
I have skills that help me to be successful	4.05	3.98

# Patient activation



- ✧ “the skills and confidence that equip patients to become actively engaged in their health care”
- ✧ Research shows linked to better health outcomes and care experiences

## What are clients saying about their level of recovery involvement?



# What are clients saying is important to their lives?

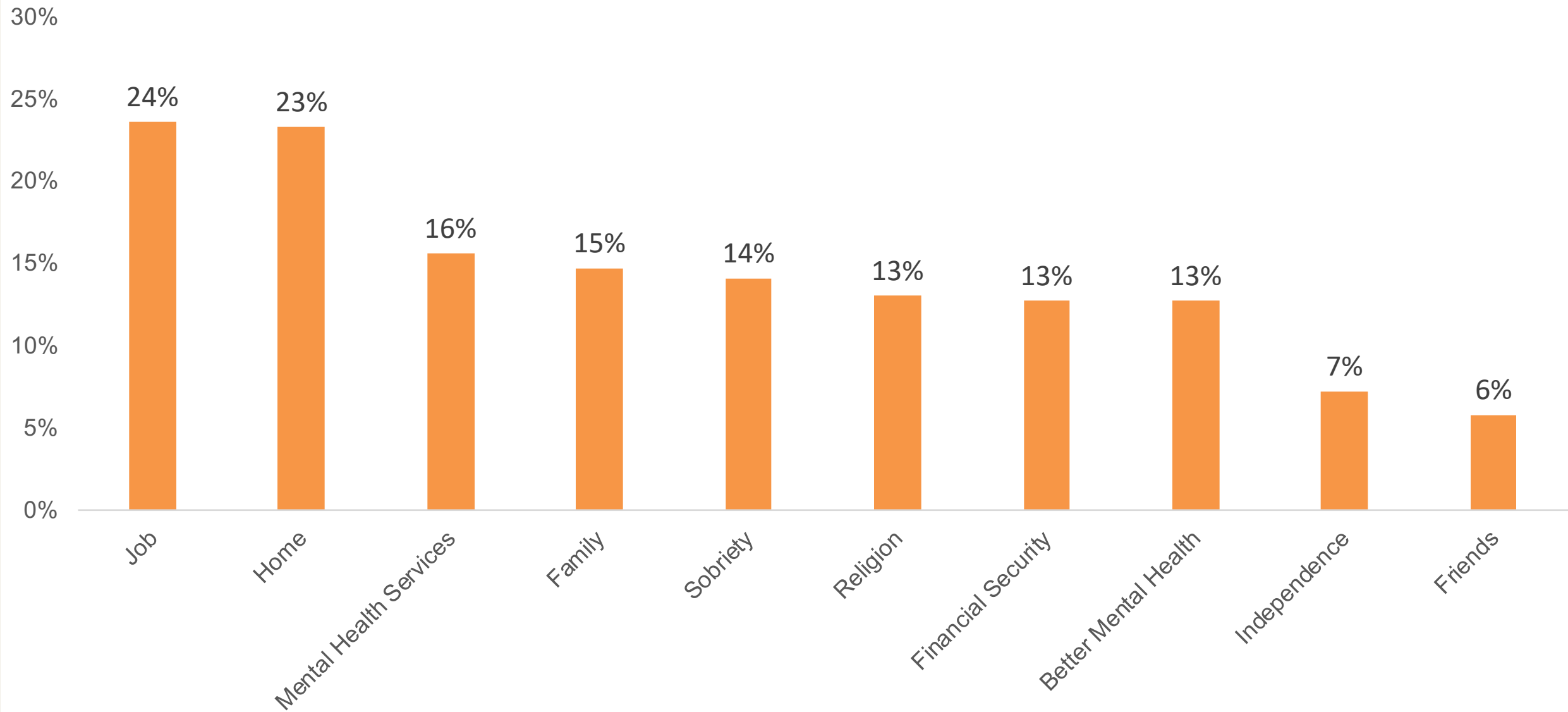
## Qualitative analysis

- ✧ “Write down the things you would find important to living the kind of life you would like to have”
- ✧ n=347
- ✧ 73 codes emerged from the data





# Top 10 Codes





We asked peer specialists at six organizations what are the **top three questions** they get. They responded...

- Can you help me get a job?
- How can I get housing?
- How long will it take to see a doctor?
- Can you help me contact my case manager?
- When can I get out of here? [hospital]
- What time does group meet?
- How can I get bus tickets?
- Can I get more food on my plate? [hospital]
- Can you help me with transportation?
- Can you help me with food stamps?
- Can you help me get benefits?